

Wear gloves.
The apples will not slip out of your hands.


Rotate the fruit upwards and twist it.
Don't pull.


Pick the trees from bottom to top $\mathbf{1}$, from outside to inside (2) and at last the top of the trees (3).


Empty your picking bag gently. Don't dump the fruits.


Wear short nails.
It avoids scratching damage.


Don't squeeze.
It causes bruises.


Don't put too many fruits in your picking bag.


Fruits may not roll.
That causes bruises.


Pick the fruits with stem.
Without, they are worthless.


Don't stack the fruits on your arm.
They will fall anyway.


No damaged or rotten fruits in the bins. Just drop them.


Don't fill the bins too high.
When stacked, the fruits will be damaged.

